



**SERVICES FOR CHILDREN WITH
BEHAVIORAL HEALTH AND
INTELLECTUAL/DEVELOPMENTAL
DISABILITY NEEDS**

Department of Mental Health

OBJECTIVES

Following an overview of the Department of Mental Health Division of Developmental Disabilities and Division of Behavioral Health, participants will be able to:

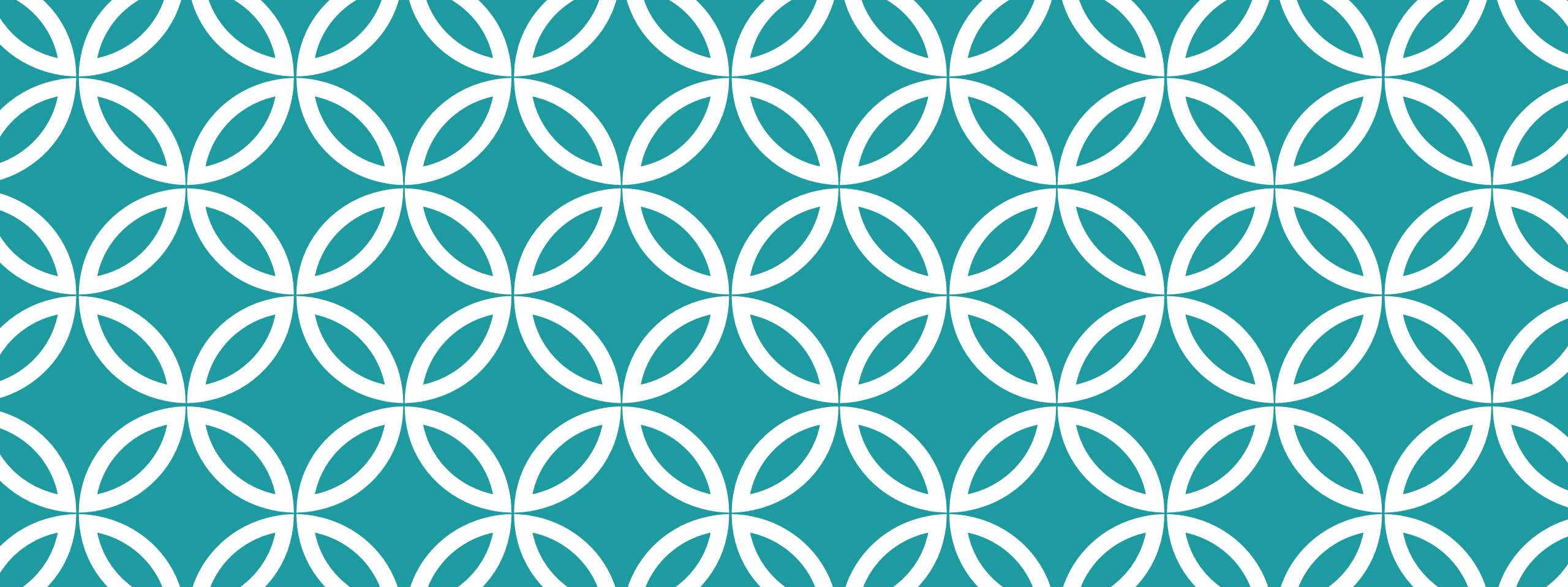
- Explain the process for obtaining Services
- Name the available Services
- Choose when to pursue Services

UNDERSTANDING MISSOURI DEPARTMENT OF MENTAL HEALTH

Department of Mental Health (DMH) is divided into 2 divisions:

Division of Developmental Disabilities (DDD)

Division of Behavioral Health (DBH)



DIVISION OF DEVELOPMENTAL DISABILITIES

Department of Mental Health

TERMINOLOGY

Department of Mental Health (DMH)

Division of Behavioral Health (DBH)

Division of Developmental Disabilities (DDD)

Targeted Case Management (TCM)

Senate Bill 40 Board (SB40)

Regional Office (RO)

Waiver

DEFINING DEVELOPMENTAL DISABILITIES

“Developmental Disabilities” describes a variety of intellectual and medical disorders which have serious widespread effects on individuals beginning in childhood.

Examples: Intellectual disabilities, Autism Spectrum Disorders, childhood brain injuries, and genetic disorders

Non Examples: Schizophrenia, Oppositional Defiant Disorder, Conduct Disorder, Deafness or Blindness

SENATE BILL 40 (SB40) BOARDS

Provides funding for person with intellectual/developmental disabilities who are residents of the county

Each is structured differently

Some provide direct services

Some fund community agencies to provide services

Funded services vary by county

For more information about SB40s in your or the family you are supporting's county, see <http://macdds.org/county-board>

REGIONAL OFFICE

Place to start for services offered by the state for individuals with intellectual/developmental disabilities

Determine eligibility for division services

Find local Regional Office see, www.dmh.mo.gov/dd/facilities/

OBTAINING SERVICES

Contact local Regional Office

Complete Application

Screening/Assessment process

Regional staff will review records to determine legal and other guiding standards for eligibility of services

REQUIREMENTS FOR ELIGIBILITY

Individual has a developmental disability.

The disability:

- Likely to continue indefinitely
- Is lifelong/extended duration.

- Result in multiple substantial functional limitations:
 - Self-care
 - Language Development
 - Learning
 - Self-direction
 - Independent living/ Economic self-sufficiency
 - Mobility

DIFFERENT LEVELS OF ELIGIBILITY

General Eligibility

Waiver Eligibility



GENERAL ELIGIBILITY

Which may include all or some of the following

- Support coordination/case management
- Advocacy
- Information/ Referral
- Interventions
- Individual Support Plan Development

Supports from local community resources and SB40 boards

APPEALS

Formal process

Individuals and/or guardians have 30 days to appeal after being determined ineligible for services or continuing services

For more information: <https://dmh.mo.gov/about/eligibility>

DEFINING WAIVERS

Specific agreements between states and the federal government

- Allows the use of Medicaid funding for services that normally could not be funded through that source

Waiver agreements are very particular

- Terms of characteristics of individuals
- Circumstances funds are used
- Types of services that can be funded

TYPES OF WAIVERS

- Comprehensive Waiver
- Missouri Children's Developmental Disabilities (MOCDD) Waiver
- Support Waiver
- Partnership for Hope Waiver

SERVICES AVAILABLE THROUGH WAIVER:

- **Applied Behavior Analysis (ABA)** and intervention services for children without an Autism Spectrum Disorder (ASD) diagnosis. While standard Medicaid can fund ABA for children diagnosed with ASD, participation in a DDD waiver can allow for the same type of services for individuals with other kinds of developmental disabilities.
- **Community Integration:** This is a service designed to help people develop the skills to participate fully in groups and organizations in the community. It doesn't necessarily connect the individual with community, but provides assistance and training while the person is engaging in groups of his or her choosing.

WAIVER SERVICES CONT.

- **Respite:** Both in-home and out-of-home respite services are available to provide some “away” time for family and the individual.
- **Personal Assistance:** Typically used for individuals with significant medical needs, this service can provide help meeting with hygiene, getting dressed and ready for the day, teaching skill independence in activities of daily living, and meeting those kinds of needs while in the community.
- **Services to help plan for transition to adulthood:** Other services, such as Individual Skill Development (ISD), can be used to improve a person’s ability to run a household independently, and might be a great idea for getting a person ready for transitioning out of the family home. ISD targets budgeting, bill paying, shopping, accessing services and other tasks that a person would need to live as much on their own as possible.

WHEN TO SEEK WAIVER SERVICES

Waivers can make available several services that can be of great benefit.

- Even for low level issues

Families should begin seeking waived services when there is a low end severity and frequency in a:

- Behavioral Need
- Medical Need
- Other support need

This may well prevent more intense issues from ever arising

IMPORTANT POINTS

There are some important limits to waiver services.

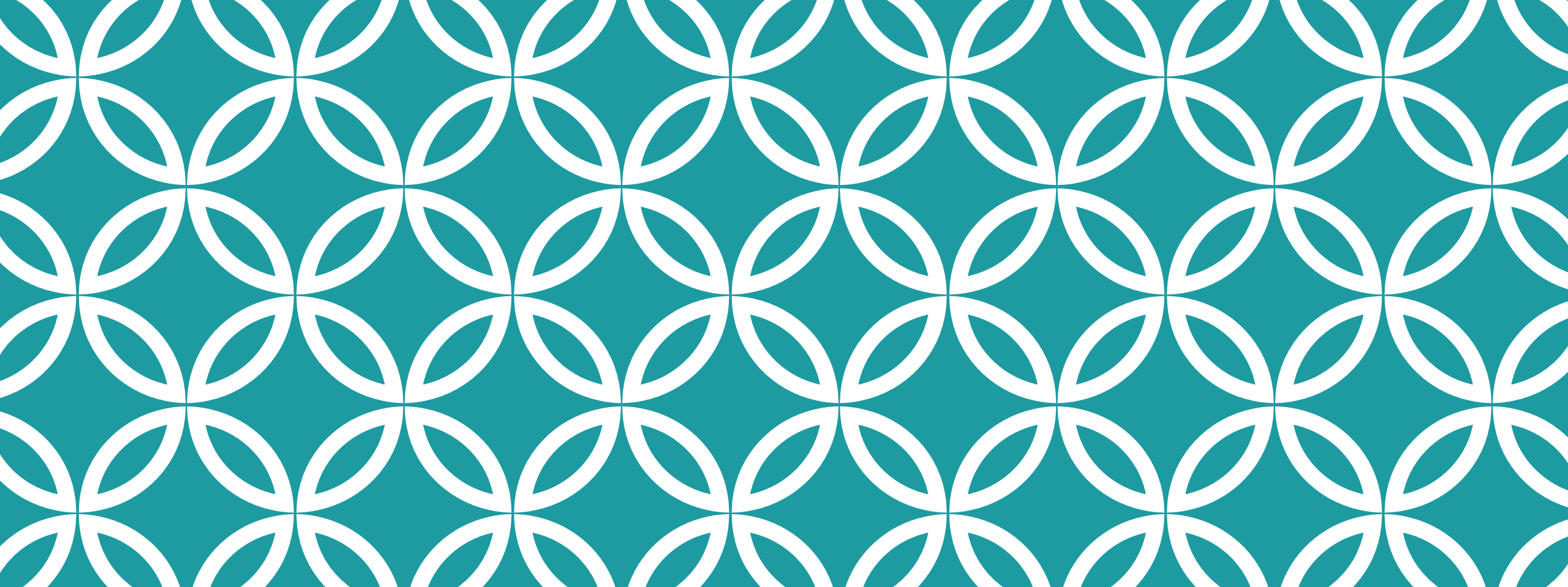
Waivers:

- Cannot be used to take the place of similar services offered through the regular Medicaid program;
- Cannot be used to provide services or supports that would be available through the public school system, nor those that are available through other governmental agencies;
- Are not the same thing as eligibility for Social Security Disability Income.



3 TAKE AWAYS

1. Regional Office are the first place to start regarding Eligibility
2. Two levels of Eligibility: Waiver and General
3. Do not have to be in crisis or have a very high need to seek Waiver services



DIVISION OF BEHAVIORAL HEALTH

Department of Mental Health

TERMINOLOGY

Community Psychiatric Rehabilitation (CPR)

Department of Mental Health (DMH)

Division of Behavioral Health (DBH)

Division of Developmental Disabilities (DDD)

Community Mental Health Center (CMHC)

Certified Community Behavior Health Organization (CCBHO)

Administrative Agent (AA)

Daily Living Functional Assessment (DLA 20©)

Memorandum of Understanding (MOU)

Comprehensive Substance Treatment and Rehabilitation (CSTAR)

DEFINING DIVISION OF BEHAVIORAL HEALTH

The Division of Behavioral Health was previously two separate entities, but was combined to create the Division of Behavioral Health.

- Division of Alcohol and Drug Abuse (ADA)
- Division of Comprehensive Psychiatric Services (CPS)

The division function is to assure the availability of prevention, evaluation, treatment, and rehabilitation services for individuals and families

This is done through contracted DBH providers statewide

WHO IS ELIGIBLE?

Adults living with a serious and persistent mental illness and/or substance use

Children/Youth living with a serious emotional disturbance and/or substance use



OBTAINING SERVICES

Contact local:

Community Mental Health Center

Regional Center

Substance Use Treatment Program

- Screening/Assessment Interview Process
- Qualified Professional will determine if individual meets criteria for a program



HAWTHORN CHILDREN'S HOSPITAL

DMH's only children's psychiatric hospital

Acute psychiatric inpatient services

- Children's Unit
 - 6-12 years old
- Adolescent Unit
 - 13-18 years old

Residential treatment services

- 13-17 years old



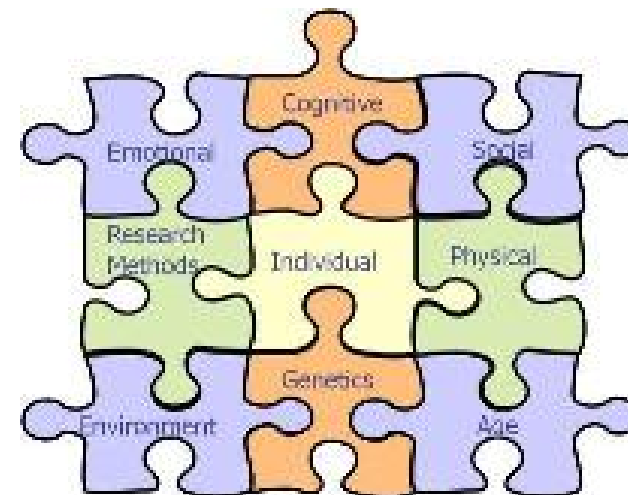
REQUIRED COMMUNITY PSYCHIATRIC REHABILITATION (CPR) ELIGIBILITY

Diagnosis

- Schizophrenia Spectrum (8 types)
- Bipolar I disorders (28 types)
- Bipolar II disorders
- Unspecified Psychosis
- Major Depressive disorders— recurrent (7 types)
- Obsessive-Compulsive Disorder
- Post Traumatic Stress Disorder
- Borderline personality disorder
- Anxiety disorders (5 types)

Qualifying DLA 20 Score w/diagnosis

- Adults age 26 and over: 40 or below
- Youth/Transitional Age youth ages 6-25: 50 or below



REQUIRED COMPREHENSIVE SUBSTANCE TREATMENT AND REHABILITATION (CSTAR) ELIGIBILITY

General for all levels

- Substance Use Disorder as defined in the DSM 5

Level I: Primary Treatment (outpatient or residential)

- Evidence individual can't stop use w/o monitoring/support
- Need for daily or almost daily treatment services

Level II: Intensive Outpatient Rehabilitation

- Ability to limit use and/or remain abstinent
- Absence of crisis that cannot be resolved by community support

Level III: Supported Recovery (outpatient counseling)

- Presence of recovery supports in the family and/or community
- Lack of a need for intensive treatment

SUBSTANCE USE SERVICES

Comprehensive Substance Treatment and Rehabilitation (CSTAR)

- Assessment
- Community Support
- Day Treatment
- Individual, Group and Family Counseling
- Inpatient Detox

Medication Assisted Treatment

Recovery Support

Prevention

- Regional Support Centers

Compulsive Gambling Services



PSYCHIATRIC SERVICES

Comprehensive Psychiatric Rehabilitation (CPR)

- Evaluation/Assessment*
- Community Support*
- Crisis Intervention*
- Medication Services
- Physician Consultation
- Metabolic Screening
- Psychosocial Rehabilitation*

Access Crisis Intervention

Outpatient Services

- Individual, Family and Group Therapy
- Medication Management

*Designated services that can be provided in a school setting

CHILDREN YOUTH SPECIFIC SERVICES

Behavioral Health Assessment*

Assertive Community Treatment (TAY)

Intensive CPR*

- Treatment Family Homes
- Professional Parent Homes
- Evidence Based Practice*
- Inpatient Diversion

Family Support*

Youth Day Treatment*

Individual Professional PSR*

Group Professional PSR*

Treatment Planning*

Family Assistance*

Integrated Treatment for Co-Occurring Disorders*

- Individual Counseling
- Group Counseling
- Group Education
- Assessment Supplement

*Designated services that can be provided in a school setting

GRIEVANCES

Each CMHC/CCBHOs have grievance processes, encourage individuals go through that process first.

Grievance process is listed in Core Rules: **9 CSR 10-7.020**

Link: <https://s1.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c10-7.pdf>



PROGRAMS AND SERVICES DEFINED

Intensive Community Psychiatric Rehabilitation - This is a community-based level of support designed to help a child who is experiencing a severe and significant psychiatric condition, alleviating or eliminating the need to admit them into a psychiatric inpatient setting.

Treatment Family Home - This is a “home-like” setting that provides intensive therapeutic mental health interventions. An individual treatment plan is developed by the family, child, natural supports agencies, and community partners for each child placed in a Treatment Family Home.

PROGRAMS AND SERVICES DEFINED

Professional Parent Home - This is a “home-like” setting that provides intensive therapeutic mental health interventions for a child. Only *one* child is placed in a Professional Parent Home. An individual treatment plan is developed by the family, child, natural support agencies, and community partners to meet the needs of the child.

Targeted Case Management - This service includes arrangement, coordination and participation in the assessment to ensure that all areas of the child and family’s life are assessed to determine unique strengths and needs. Coordination includes linking and arranging the supports necessary to access resources and facilitates communication between service providers.

PROGRAMS AND SERVICES DEFINED

Family Support - Services are provided for a family member of a child who had or currently has a behavioral or emotional disturbance disorder and may involve a variety of related activities to the development or enhancement of the service delivery system. Activities may include, but are not limited to, problem solving skills, emotional support, disseminating information, linking to services and parent-to-parent guidance.

Community Support - Services are designed to coordinate and provide services and resources to children and their families as necessary to promote resilience. The focus is on teaching/modeling developmentally appropriate skills, necessary for positive self-esteem, a sense of identity, positive relationships with family and peers, social competence, and success in school.

PROGRAMS AND SERVICES DEFINED

Intensive Evidence Based Practice -This service includes implementation of supports for treatments that have been proven demonstrably effective for children. The selected evidence based practice is based up on the specific child's needs and desired outcomes and is identified on the treatment plan.

Psychosocial Rehabilitation - A combination of goal-oriented and rehabilitative services provided in a group setting to improve or maintain the child's ability to function as independently as possible with their family or community.

PROGRAMS AND SERVICES DEFINED

Day Treatment - This service offers an alternative form of care to children who have serious emotional disturbance and who require a level of care greater than can be provided by the school or family, but not as intensive as inpatient service. Day treatment may include vocational education, rehabilitation services, individual and group therapies, and education services.

Family Assistance - These services are provided for the child and/or family. Activities provided in the delivery of services may include home living and community skills, communication and socialization, leisure activities for the child, arranging for appropriate services and resources available in the community.

PROGRAMS AND SERVICES DEFINED

Respite -Temporary care provided by trained, qualified personnel, on a time-limited basis, for the purpose of meeting family needs and providing mental health stabilization. The services must be prescribed in the treatment or service plan as an essential clinical or supportive intervention. Respite may be provided in or out of the child's home, school, community or a Department of Mental Health licensed site.

Wraparound - The wraparound philosophy includes providing direct and indirect service to assist in maintaining the child in regular home, school and/or community placement to ensure the functional success of the child in the community. Types of services may include basic needs supports, transportation supports, social-recreational supports, clinical/medical supports and other supports.

MORE INFORMATION....

Substance Use Services

- **Directory of Substance Use Treatment Programs**
 - <http://dmh.mo.gov/ada/help.html>
- **Regional Support Centers**
 - <http://dmh.mo.gov/ada/progs/regionalsupportcenters.html>

Psychiatric Services

- **Community Mental Health Centers**
 - <http://dmh.mo.gov/mentalillness/helpinfo/adminagents.html>
- **Access to Crisis Intervention – 24/7 hotline**
 - <http://dmh.mo.gov/mentalillness/progs/acimap.html>

3 TAKE AWAYS

1. CMHCS and CCBHOs are the starting point for services
2. Many services available ask local CMHC/CCBHO/CSTAR about program access
3. Several services can also be provided within schools

PRESENTER INFORMATION

